Item	Servings	Calories	Calories from fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Pita Bread												
Chicken Pita	1	422	112	10	3	0	40	611	39	3	4	28
Chicken Thigh Pita	1	468	183	16	5	0	167	592	38	3	4	36
Gyro Pita	1	652	352	37	15	0	80	1271	46	7	4	26
Falafel Pita	1	473	103	6	2	0	10	971	90	24	7	21
Wrap												
Chicken Wrap	1	626	224	22	11	0	60	1111	54	5	4	36
Chicken Thigh Wrap	1	672	295	28	12	0	187	1092	53	5	4	44
Gyro wrap	1	856	464	49	23	0	100	1771	61	9	4	34
Falafel Wrap	1	677	215	18	10	0	30	1471	105	26	7	29
Rice Bowl												
Chicken Rice Bowl	1	443	91	7	3	0	40	273	52	7	8	26
Chicken Thigh Rice Bowl	1	489	162	13	5	0	167	254	51	7	8	34
Gyro Rice Bowl	1	673	331	34	15	0	80	933	59	11	8	24
Falafel Rice Bowl	1	494	82	3	2	0	10	633	103	28	11	19
Greek Salad												
Chicken Salad	1	388	213	58	7	0	55	979	11	2	4	26
Chicken Thigh Salad	1	434	284	64	9	0	182	960	10	2	4	34
Gyro Salad	1	618	453	85	19	0	95	1639	18	6	4	24
Falafel Salad	1	439	204	54	6	0	25	1339	62	23	7	19
Featured Items												
Zeus	1	656	307	31	12	0	87	1001	43	5	4	36
Pita Melt No Meat	2	638	221	24	11	0	49	1394	70	4	4	28
Pita Melt with Gyro	2	1028	501	55	24	0	119	2174	78	8	4	46
Pita Melt with Chicken	2	798	261	28	12	0	79	1514	71	4	4	48
BBQ Chicken Pita	1	704	244	26	9	0	68	1450	64	3	23	37
BBQ Chicken Salad	1	514	219	23	9	0	68	1110	30	1	22	31
Vegetarian Trio	2	811	345	61	21	0	85	2440	81	15	12	38
Sauce												
Original Tzatziki	1.5 oz.	57	46	4	2	0	10	148	1	0	1	1
Jalapeño Spinach	1.5 oz.	45	36	3	1	0	7	158	1	0	1	1
Mediterranean Mustard	1.5 oz.	147	106	11	3	0	18	336	8	0	7	1
Spicy Feta	1.5 oz.	99	83	25	4	0	18	141	1	0	1	2
Hummus	1.5 oz.	74	25	10	1	0	0	359	7	3	0	3
Medichurri	1.5 oz.	75	50	5	0	0	0	350	0	0	0	0

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Sides												
French Fries	4oz	310	130	15	2	0	0	0	26	2	1	2
Rice	8oz	205	4	0	0	0	0	2	45	1	0	4
Falafel	4 ea	211	31	0	0	0	0	480	52	21	3	13
Hummus & Pita(sm)	1	338	75	11	2	0	0	1058	48	8	1	12
Hummus & Pita(lg)	2	676	150	22	4	0	0	2116	96	16	2	24
Grape Leaves	1	40	8	32	1	0	0	212	7	1	0	1
Pita Bread	1	190	25	3	0	0	0	340	34	2	1	6
Small Greek Salad	1	238	173	54	6	0	25	860	12	3	5	6
Spinach Pie	6oz	360	150	3	15	0	60	900	36	0	6	18
Baklava	1	260	100	12	4	0	0	200	37	4	15	3
Spinach Pie & Salad	1	598	323	57	21	0	85	1760	48	3	11	24

Nutritional content may vary and is based on values provided by suppliers and analysis using indusrty standards. Rounding up of figures is based upon guidelines of the FDA.
Gyroville cannot guarantee the nutritional information provided on our website is fully accurate as it relates to the prepared menu items in all of our restaurants. Since our menu items are all made fresh to order by hand there may be slight variations in serving size that affect nutritional content for each item.
The nutritional information will be updated periodically in order to reflect the current nutritional value of our menu items.